



Tiger Youth Wrestling Organization

TYWO



Code of Conduct Agreement

CODE OF CONDUCT AGREEMENT

In consideration of being allowed to participate on behalf of Tiger Youth Wrestling and related events and activities, the undersigned acknowledges, appreciates, and agrees with the following TYWO Code of Conduct parameters identified within that:

TYWO has 6 basic rules:

1. Respect everyone (Coaches, Teammates, Opponents, Referees, Parents, Tournament Workers, and Teachers)
2. Learn – become a better wrestler, student, and person every day
3. No excuses, take accountability
4. Work Hard.
5. Be the best version of yourself
6. HAVE FUN!

WRESTLERS CODE OF CONDUCT:

1. No TYWO wrestler is to physically or verbally abuse any coach, fellow wrestler, referee, or parent.
2. Wrestlers must listen to and follow the directions of all coaches. Wrestlers will be expected to work hard at practice.
3. Wrestlers are not to be disruptive during practice or competitions.
4. At all times, wrestlers must conduct themselves in a mature and respectful manner to all wrestlers and coaches.
5. No unsportsmanlike yelling or cheering if a wrestler is hurt. Take a knee until they are able to get up.
6. Win or lose, wrestlers MUST shake hands with their opponent. (not a slap, a real handshake – hand-slaps will result in a verbal warning)
7. No vulgar or obscene gestures of any kind should ever be made by a TYWO wrestler.
8. No TYWO wrestler is to use abusive and/or profane language while at a TYWO function (practices, tournaments, meetings, etc.).
9. Wrestlers should make every effort to attend all scheduled TYWO practices and tournaments. The more you practice your craft the better you will become.
10. Wrestlers are not permitted to play games in the wrestling room unless a coach is present.
11. The Grissom Wrestling Room and Grissom High School, we are guests, or any location where wrestling related activities are held, are to be respected. Destruction of any property will result in immediate dismissal.

Violation of this code of conduct will result in disciplinary action by the TYWO coaches and administration, up to and including dismissal from the team.

Possible Disciplinary Action



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1. Verbal warning
2. Wrestling moves in a rapid fashion
3. Sit to the side of the practice until coach address issue with wrestler
4. Practice or tournament suspensions
5. Dismissal from the team

All TYWO wrestlers will be held responsible for compliance with the TYWO Code of Conduct.

PARENTS CODE OF CONDUCT:

1. **NO PHYSICAL OR VERBAL ABUSE.** No TYWO parent or fan is to physically or verbally abuse another parent, fan, coach, wrestler or referee. If a parent has a problem, concern or issue with a fan, wrestler or another parent, the only proper venue for discussion is with a TYWO coach, or the operator of the tournament.
2. All parents are to conduct themselves in a sportsmanlike manner. Promote the sport, be your child's biggest cheerleader! **Leave the coaching to the Coaches!** After a match sometimes a child just needs a safe place and a trusted person to go through emotions with. (Happy, excited, sad, angry, frustrated, accomplished, etc.)
3. No unsportsmanlike yelling, such as: booing, teasing, or cheering if a wrestler is hurt or losing.
4. No instructions to take specific advantage of any injury incurred by an opponent while wrestling.
5. No unsportsmanlike gestures of any kind will be allowed.
6. **Except in an emergency**, no non-coach parent is to interfere with practices, matches or coaching at any time. Parents may be in the wrestling room to observe practice, but are to wait until after practices to interact with their child or talk with the coaches unless there is a need for immediate action.
7. Please see that your child is picked up at the designated time after practice. The coaches will try to finish practice as close to the designated time as possible. *****Parents cannot drop off their child and then leave!** A parent or guardian needs to be present either in the wrestling room, hallway, or outside in the Grissom Parking Lot. This is not a daycare. This is to ensure that if there is a medical, weather or any other emergency that could transpire on premises, decisions can be made on the spot to ensure the health and welfare of the child.
8. At tournaments, parents should try and stay in the stands to cheer for their wrestlers. Parents that make their way to the side of the mat should NOT yell wrestling moves, as many times the wrestler will start listening to the parents instead of the coaches. If you would like to be an assistant or parent coach, please see the Head Coach for more information.
9. **NO NON-COACHES ON MAT.** Most tournaments will require a USA Wrestling or AAU Coaching Cards to be at mat-side during matches. Any person who is not an approved Coach by the TYWO Head Coach and who does not have an active USA Wrestling or AAU Coaching Cards will not be allowed on the tournament floor. This includes all parents, family members, and friends of wrestler. **(1st Violation the person will be asked to return to their seat. 2nd Violation the person will be removed from event.)**



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10. **DO NOT SLAP** or hit the wrestling mat for any reason. Slapping the mat creates confusion among the wrestlers and referees, and could cause the wrestlers to think a pin was called, when it wasn't, causing the match to end quickly.

Possible Disciplinary Action

1. Verbal warning
2. Practice or tournament suspensions
3. Dismissal from the team

****All TYWO parents, as well as their guests, will be held responsible for compliance with the TYWO Code of Conduct. ****

COACHES CODE OF CONDUCT:

1. No TYWO Coach will physically or verbally abuse any coach, wrestler, referee, or parent.
2. Coaches are teachers, instructors, and purveyors of the craft. Coaches will teach technique, actions, timing, and provide the reason for each technique.
3. TYWO Coaches will carry themselves as Club Leaders and a Safety at all times.
4. TYWO Coaches will promote a fun and positive environment that encourages the success of each wrestler.
5. TYWO Coaches will encourage good sportsmanship by demonstrating positive support of all players, coaches, and officials at every practice or other youth wrestling events.
6. TYWO Coaches will NOT conduct themselves in an unsportsmanlike manner by yelling or cheering if a wrestler is hurt. Take a knee until they are able to get up.
7. Win or lose, TYWO Coaches will shake hands or fist bump with their wrestler's opponent if wrestler comes to the coach's corner.
8. TYWO Coaches will NOT perform a vulgar or obscene gestures at any time or of any kind.
9. No TYWO Coach is to use abusive and/or profane language while at a TYWO function (practices, tournaments, meetings, etc.).
10. TYWO Coaches will ensure the Grissom Wrestling Room and Grissom High School, or any location where wrestling related activities are held, are to be respected by all TYWO wrestler, parent or staff. Destruction of any property will result in immediate dismissal.
11. TYWO Coaches will advocate for the emotional, physical and overall safety of any/all TYWO wrestler.
12. TYWO Coaches will practice positive reinforcement with all TYWO wrestlers, and will reward them for their accomplishments.
4. TYWO Coaches will read and seek to be informed about the rules of AAU/USA wrestling. This can be done at the National Federation of State High School Associations (NFHS) website <https://www.nfhs.org/activities-sports/wrestling/> and USA Wrestling website <https://www.themat.com/>.
5. TYWO Coaches will always speak to referees with respect at all times, on and off the mat.
6. TYWO Coaches will be respectful to other wrestlers and coaches, in victory and defeat



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7. TYWO Coaches will I will keep an open line of communication between other coaches, parents, and team administrators.
8. TYWO Coaches will set a high level of commitment that I will encourage my team to follow.
9. TYWO Coaches will be on the mats at all times during practice. Discussions with parents or spectators will be held before or after practice or matches, unless absolutely necessary.
10. TYWO Coaches will attend practices regularly in order to understand what the team has worked on, so that I may effectively coach at tournaments.
11. TYWO Coaches will support and promote the TYWO Wrestling program, and not engage in any activities that conflicts with the best interests and goals of the club.
12. TYWO Coaches will refrain from using profanity around youth wrestlers.

Possible Disciplinary Action

1. Verbal warning
2. Dismissal from the team

*****All TYWO coaches and parent-coaches will be held responsible for compliance with the TYWO Code of Conduct. *****

I HAVE READ THIS CODE OF CONDUCT, FULLY UNDERSTAND ITS TERMS, AGREE WITH AND SIGN FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Wrestler: _____ Signature: _____ Date: _____

Parent: _____ Signature: _____ Date: _____

Coach: _____ Signature: _____ Date: _____